



Full Day Camp for Fit Minds *and* Fit Bodies!

Daily Schedule:

9am Dropoff at FasTrackKids 150 West 72nd Street, 2nd Floor, between Columbus and Amsterdam

8:55 – 9:15 Arrivals, free play

9:15 - 10:30 Smartboard, experiments, crafts, group activities

10:30-10:45 Snack break

10:45-11:45 Smartboard, experiments, crafts, group activities

11:45-12:00 Wrap up/ review of day

12:00-12:45 Lunch/walk to Reebok

12:45 - 3:00 Activities will rotate but will include rock climbing, dodge ball, indoor hockey, soccer, bounce house, yoga, sports relays, tug of war, etc.

3pm Pickup from Reebok Sports Club, 160 Columbus Avenue between W. 67th and W. 68th Streets on the 1st Floor.

Lunch: Please send a nut-free lunch daily.

Clothing: Please dress your child in comfortable clothing appropriate for active wear. Your child will need a pair of sneakers and socks for activities at Reebok Sports Club/NY.

FasTrackKids contact information	Reebok Sports Club/NY contact information
Stephanie Gilbert 212-579-3344 UWSmanhattan@fastrackkids.com	Jackie Burt 212-501-1434 jburt@reeboksportsclubny.com